



## **What happens in a dietetic consultation?**

A complete assessment includes review of your medical and family history, medications, supplements, physical activity levels, previous blood results and your current diet. We will look at your aims for lifestyle change too and link this with your health information provided to form a plan. A dietary plan will be based on the above information which acts as a starting point to guide you in a healthier direction.

Review appointments are scheduled for 25minutes and are generally scheduled every one to six weeks.

## **Length of Consultation**

Initial Consultation: 50 minutes

Review Consultations: 25 minutes

## **Cost**

Initial Consultation: €130

Review Consultations: €65

## **Can I claim dietitian fees on my health insurance?**

I am a member of the Irish Nutrition and Dietetic Institute and registered with CORU. Therefore, clients are entitled to make a claim from their private health insurer.

Receipts can also be used to claim health expense relief via the Med 1 Form.

## **What is the cancellation policy?**

If you need to cancel or change your appointment, a minimum of 24hours notice is required. Any cancellations completed with at least 24 hours notice prior to a consultation will not incur a charge.

If you do not cancel within 24hours of your appointment, you will be charge for the full price of the consultation.